

AUTHENTIC VILLA HOLIDAYS

IS182 – Sample Menus

Breakfast

Selection of cereal (cornflakes, muesli) served with a choice of seeds (chia, linseed), nuts (almonds) and dried fruit:

Fresh fruit, fruit salad and vegetables.

Cold meats (ham, salami), bacon, variety of cheeses.

Eggs: Boiled, scrambled, omelettes (plain, ham and cheese, bacon, tomato)

Selection of freshly squeezed juices (orange, apple, blackberry).

Milk Selection: Cow, Soya, Rice, Fresh cream.

Selection of home baked croissants, fresh bread, cakes

Pancakes and crepes

Marmalades, variety of jams, Nutella, honey.

Lunch or Dinner

Appetiser:

Green and black olive pâté, olive oil,

Variety of bruschetta, mozzarella cheese and tomato

Or

Caprese tomato with buffalo mozzarella or mixed salads.

Entree:

Pasta with fresh piquant tomato salsa and basil

or

Pasta aglio, oglio è peperoncino (Pasta with oil, garlic and chilli peppers)

or

Risotto with wild Spring asparagus

Mains

Fish or meat filet served with seasonal vegetables.

or

Grilled vegetables coated in aromatic olive oil

Dessert:

Fruits

Home-made pancakes with Nutella

Lunch consists of an Appetiser, the Entrée is served as a main course plus Dessert

Dinner is served with all 4 courses above.

Vegetarian and other special meal options available on request.